

SUMMER COACHING SESSIONS

Wednesdays 10th, 17th, 24th,
31st July & 7th August

8:15 – 10pm £4 per session

Numbers limited so see Jo to book your space

To cover:

Serves

Net Shots

Overhead Hitting

Backhands

Movement

Court Position

Tactics (Mixed & Levels)

And anything else we can think of!

